

ROCKSTARS offers students at Kainalu School from grade 1 thru 3 and 4 thru 6 to learn, practice and improve rock climbing skills in a FUN and SAFE environment.

With 25 years experience running school programs, Rockstars helps children develop self-confidence, problem solving and planning skills while building strength and endurance.

Rockstars' 24ft mobile climbing wall is the central focus of the classes, allowing students to climb as high as they dare, with the safety of the wall's steel cables and auto-belay systems. Students also learn basic knots which helps train cognitive skills and hand-eye coordination. Climbs will be recorded and prizes are earned for reaching milestones.

Discover new levels mental and physical toughness and perseverance through rock climbing, which children can take with them into life's next challenge!

CLASS FEE \$380 (10 classes) Register online: <u>www.rockstarshawaii.com/schools/kainalu/</u>

CONTACT Andy Cummings 808 589 9692 Email: rockstarshawaii@gmail.com



CLASS DETAILS DAY: THURSDAY'S TIME: 2.15 TO 3.15 (GRADE 1,2,3) OR 3.20 TO 4.20 (GRADE 4,5,6) LOCATION: KAINALU FIELD

SEMESTER 2 dates

JAN 30 FEB 6, 13, 20, 27 MAR. 6, 13 (NO class 20, 27) APRIL 10, 24 (NO class 3, 17) MAY 1 (10 classes total)